



Major General Gregg F. Martin, US Army (Retired), is a 36-year combat veteran who is a bipolar survivor, thriver and warrior. An Airborne-Ranger-Engineer qualified soldier and Strategist, he commanded a combat engineer company, battalion and brigade, and was commanding general of Fort Leonard Wood, commandant of the Army War College, and president of the National Defense University. A graduate of West Point, he holds a PhD and two master's degrees from MIT, and master's degrees from both the Army and Naval war colleges. He has lived on the bipolar spectrum his whole life, which mostly helped him, until it went too high, and then it nearly destroyed him. His life's mission and purpose is sharing his bipolar story to help stop stigma, promote recovery, and save lives. His wife Maggie is an Army brat, Army wife, and Army mom to three sons, two of whom are Army Special Forces veterans, and one an artist. Martin is the author of ***"BIPOLAR GENERAL: My Forever War with Mental Illness."*** For more, see his website at bipolargeneral.com .